

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Jacques Van Heerden

Has successfully participated & completed the

20km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

**TIME** 03:11:28

**PACE** 09:33/km

**OVERALL** 69 of 126

**GENDER** 59 of 87

**OPEN** 38 of 47

29 July 2018, Sun

Date



Bout Time